

Background

In Australia one in three women will have a termination of pregnancy. The majority of these take place in early pregnancy.

SA Health believes all women should have access to information about pregnancy options to make an informed decision. The aim of this leaflet is help women find information and services to support them in making their decisions.

A termination of pregnancy can be undertaken in South Australia at an approved health service.

It is recognised that a woman considers a termination of pregnancy for many reasons including their age, life circumstances, or for health issues.

SA Health has developed a statewide policy outlining the management of termination of pregnancy services for public health services in South Australia. This can be made available to you upon request.

When should I access the services?

It is recommended that you access medical care as soon as possible when considering a termination of pregnancy.

Additional appointments to discuss the management of your needs can then be made.

What will happen when I contact a health service?

You will be given an appointment with a health practitioner so that you can discuss your health needs and a full health assessment can take place.

The assessment visit will allow you to discuss your concerns, help you determine the best course of treatment for you and enable health practitioner to explain the preparation and procedural requirements should you choose to proceed with a termination of pregnancy.

The entire assessment can usually be undertaken at this appointment so it might take a few hours.

Are there choices of procedure?

All options, procedures and extra care requirements will be discussed with you at the assessment appointment.

Your options may depend on your health assessment findings and additional appointments can then be made according to your decision.

Will I require any follow up care after termination of my pregnancy?

Most women do not require follow up care after a termination of pregnancy. However this may depend on the procedure undertaken and your general health.

Your ongoing needs will be planned for prior to your discharge home following the procedure.



Where are the services?

You may be able to undergo a termination of pregnancy at one of the several health clinics providing this service across South Australia.

Contact any of the following for information:

- > The Pregnancy Advisory Centre
Phone: 8243 3999 or
- > SA Country Toll Free 1800 672 966
Website:
www.pregnancyadvisorycentre.com.au
- > Your General Practitioner
- > SHine SA – Sexual Health
Phone: 83005300
Website: www.shinesa.org.au
- > Flinders Medical Centre – Women's Health Clinic
Phone: 82045197
- > Lyell McEwin Hospital – Family Advisory Clinic
Phone: 82820255
- > Royal Adelaide Hospital – Women's Health Centre
Phone: 82225587
- > Noarlunga Hospital – Family Advisory Unit
Phone: 8384 9222
- > Women & Children's Hospital – Family Advisory Unit
Phone: 81617580

Confidentiality

SA Health assures your confidentiality when seeking a termination of pregnancy. Health practitioners working within SA Health are obligated to protect the confidentiality of all clients consistent with current legislation. Health practitioners are very respectful of their clients' needs.

Note

This publication is a guide only and is not intended as professional advice. You are encouraged to seek appropriate professional advice before relying upon any information contained in it. While care has been taken to ensure the material contained in this publication is up-to-date at the time of printing, the Government of South Australia accepts no responsibility for the accuracy or completeness of the material in the publication and expressly disclaims all liability for any loss or damage arising from reliance upon any information contained within it.

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For more information

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www.sahealth.sa.gov.au

If you do not speak English, request an interpreter from SA Health and the department will make every effort to provide you with an interpreter in your language.



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Standards for the Management of Termination of Pregnancy in SA



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